

## SACRAMENTS, LITURGY AND PRAYER

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SESSION 1: *What is the Interior Life?*

For this class read: *Catechism* nos. 2558–2696; Francis de Sales, *Intro*, pp. 1–30  
[Preface & 1.1–24]

### *Catechism, nos. 2558–2567*

1. True or false: Humility is the foundation for prayer.
2. Man is a what before God? (Hint: “b\_\_\_\_\_”)
3. God thirsts that we may \_\_\_\_\_ for him.
4. True or false: Scripture most frequently identifies the heart as the source of prayer.
5. In prayer, whose initiative comes first, man or God? What does this mean?

### *Catechism, nos. 2623–2649*

1. What four things did the early Christian community of Jerusalem devote themselves to? How is this characteristic of the Church’s prayer?
2. Be able to identify and define the basic forms of prayer: blessing, petition, intercession, thanksgiving, and praise.
3. What is the first attitude of man acknowledging that he is a creature before his Creator?
4. What is the first movement of the prayer of petition?
5. True or false: Every need can become an object of petition.
6. True or false: Praise embrace the other forms of prayer.
7. True or false: The Eucharist contains and expresses all forms of prayer.

### *Catechism, nos. 2650–2682*

1. In order to pray, one must have the w\_\_\_\_\_ to pray.
2. True or false: The Holy Spirit is described as “living water”.
3. We only have access to the Father in whose name?
4. Prayer is primarily addressed to which Person of the Trinity?
5. No one can say “Jesus is Lord” except by what?

### *Catechism, nos. 2683–2696*

1. What is the first place of education in prayer?
2. What is the proper place for liturgical prayer?
3. What is a prayer corner?

### *Introduction to the Devout Life, 1–30*

1. Why did Francis write to Philothea and what is significant about that name?
2. What mistaken notions of devotion does Francis discuss?
3. Why is a spiritual guide important?
4. What three dimensions does each of Francis’ meditations have? (Hint: the first is putting yourself in the presence of God).
5. Why must we detest venial sin?